



ALMEM Sports Day 2025

27TH NOVEMBER 2025

CRICKET RULES

Match Format:

- Overs: 8 overs per innings for the knockout 4 matches – Remaining 3 matches 8 Overs only.
- Ball: Hard-tennis ball (Tennex, Red Ball), a new ball for each innings.
- Knockout games
- Bowling Restrictions:
- 2 bowler can bowl a maximum of 2 overs

Scoring:

Runs:

- Runs are scored by running between the wickets.
- Boundaries:
- 4 runs for a ball crossing the boundary after touching the ground.
- 6 runs for a ball crossing the boundary without touching the ground.

No-ball Runs:

- Any delivery above head height or a full toss above waist height.
- 1 runs awarded with extra delivery
- Runs from a batsman's shot off a no-ball also count.

Wide Balls:

- 1 runs awarded with extra delivery
- Byes and Leg-byes:
- Bye: Runs scored when the ball passes the batsman without being hit.

Leg-bye: Runs scored when the ball hits the batsman (not the bat) and an attempt to play a shot is evident.



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Dismissals:

- Bowled: The ball hits the stumps and dislodges at least one bail.
- Caught: The ball is caught on the full by any fielder after touching the bat or glove.
- Stumped: The wicketkeeper removes the bails while the batsman is out of the crease and not attempting a run.
- Run Out: A batsman is out if no part of his bat or body is grounded behind the crease when the stumps are fairly put down.
- Hit Wicket: A batsman is out if he hits his own stumps with his bat or body during the delivery stride.
- Handled the Ball: Out if the batsman deliberately handles the ball with the hand not holding the bat, without the opposition's consent.
- Timed Out: A new batsman must be ready to face the ball within 3 minutes of the previous dismissal.
- Hit the Ball Twice: Out if the ball is hit twice intentionally (unless protecting the stumps).
- Obstructing the Field: A batsman is out if he deliberately obstructs the fielding side.

No-ball Rules:

Reasons for No-ball:

- Above head height.
- Full toss above waist height.
- Ball bouncing more than twice or rolling before reaching the batsman
- Illegal fielder positioning.
- **Penalty: 2 runs (1 run during the last over).**
- **The ball does need to be re-bowled during the last over.**

Fielding Restrictions:

- A minimum of 2 fielders must always remain inside the fielding circle at all times.

Wide Ball Rules:

- Declared when the batsman has no reasonable opportunity to score off the delivery.
- **Same penalty as no-ball (2 runs, except 1 run in the last over).**
- **The ball does need to be re-bowled during the last over.**

Important Notes:

- Umpire decisions are final.
- Ensure sportsmanship and respect for the game at all times.
- If any rules are not explicitly mentioned in this document, ICC rules will apply.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



ALMEM Sports Day 2025

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CRICKET TEAMS

TEAM WHITE A	TEAM WHITE B	TEAM BLUE A	TEAM BLUE B
RITURANJAN VERMA (C)	SUJITH BHASKARAN (C)	SHATRUGHAN KUMAR	RAKESH SINGH
NAVIN SHUKLA(VC)	AKASHDEEP KUMAR (VC)	ABHIMANYU KUMAR	ABDUL KAREEM
BINUMON	SUMESH MOHANAN	RAJINDER KUMAR	KANAKA RAO
VISHNU	SAJID MUHAMMED	AMRISH KUMAR	LAIBALLA MAKSUD
VINOD	MUHAMMAD FAISAL	MD NASIM KHAN	VINOJ ABRAHAM
RAKESH	SATENDRA YADAV	BHAGABAN MANDAL	JOJI JOY
NURALAM JALIL	MUHAMMAD ASHRAF	MUNA PALEI	PRAMOD RAJBHAR
SACHIN SHIVPUTRA	MUHAMMAD FAISAL	RAVI KANT	KISHOR WANI
MD MUSTAFIZ	MANGESH MESHRAM	ASRAPH ANSARI	NOORMOHAMED RAZADU
MANISH YADAV	SATYAWAN RAJBHAR	MANU NAIR	JITENDRA YADAV
NAGENDRA CHAUHAN	IMRAN RAJA	MOHAMED SHAHUL	BAZEEM FADILUDEEN
MANPREET SINGH	MD GULAM ALI	ELDHO JOHN (C)	RITESH KUMAR
MD SULEMAN	BHOLA PRASAD	PANKAJ KUMAR	PRABHU VENKATACHALAM (C)
TRINADHA RAO	IMRAN KHAN	MD KAZIM HUSSAIN	VINESHMOORTHY CHIDAMBARAM
MANOJ KUMAR	NILESH BITALE	CHANDAN KUMAR	DEEPAK KUMAR GOUDA

TEAM GREEN A	TEAM GREEN B	TEAM RED A	TEAM RED B
GAUTHAM GUPTA (C)	KARTHIK RAJA (C)	MOHAMMAD	MOHAMMAD SANOVAR
SAFI ALAM	AMOD MAHTO	RAJAN	KAMALESH GOAND
ICHCHHUBHAI THAKORBHAI	SRINIVAS KUNA	IMRAN ALAM	NARESH PRASAD
NAVINKUMAR LALBHAI	RAJADURAI GNANASEKARAN	SHIVA KUMAR SINGH	RAMNATH GUPTA
MOHAMMAD NOOR	POORNA RAO	SANDEEP THAKUR	BIPLAB SAMANTA
SHYAM GIRI	DHIRENDRA SINGH	UTTAM JENA	JATIN MOHANTY
SAIDULU SHAIK	ZUBAIR KHAN	JAGADEESAN BALACHANDRAN	SADAM HUSSAIN
RAMU KUMAR	MOHAMMED KAREEM	AJO JOSEPH (C)	PRAVIN TORANE
DHAVAL PATEL	MOHAMMAD WAKAR	ROSHITH PONON	KUMARESH SARKAR
AJAY SINGH	JAUWAD QURESHI	BHEEM PATANDEEN	VARUN SONI
RAHUL	RAM BABU SHARMA	ARUN RAJ	SURESH SAVARAM
MUHAMMAD JANBAZ	JAYAKRISHNA MAMIDI	VICKY SINGH	DHARMESH PRAJAPATI (C)
REJI JOHN	NARAYAN PRADHAN	UGRASENA DALAI	GOPIKA RAMANAN (VC)
SANTHOSH KUMAR BADYA	AMARNATH MAHTO	GANESH GEE SINGH	PRANAV TRIVEDI
ANIRUDH RALLABANDI	MANOUWER ANSARI	ANIL KUMAR	PRABAKARAN ARUMUGAM

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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CRICKET SCHEDULE

TMINGS	COURT 1	COURT 2
9AM - 10.30AM	MATCH 1 - TEAM BLUE A VS TEAM WHITE A	MATCH 2 - TEAM GREEN A VS TEAM RED A
10.30AM - 12PM	MATCH 3 - TEAM BLUE B VS TEAM GREEN B	MATCH 4 - TEAM RED B VS TEAM WHITE B
12PM - 1.30PM	SEMI FINAL 1 - (WINNER OF MATCH 1 VS WINNER OF MATCH 3)	SEMI FINAL 2 - (WINNER OF MATCH 2 VS WINNER OF MATCH 4)
1.30PM - 3PM	FINALS - (WINNER OF SEMI FINALS 1 VS WINNER OF SEMI FINALS 2)	

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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FOOTBALL RULES

Qualification -

- The top 2 teams from each group will qualify for finals based on points, and goal difference
- Ranking will be determined based on Points.
- In case of teams finishing the league round with equal points, qualification will be decided based on goal difference.

General Rules -

- A match consists of two 10-minute halves with a 1-minute rest period in between.
- Each team can have a minimum of 5 players (including 1 goalkeeper who is the only player allowed to handle the ball within the circle).
- Shoes shall be the flat or turf shoes only.
- Substitutions can be made at any time of the match with each team being able to make Rolling substitutions during a dead ball or at half-time.
- During the league fixtures, if the game is level at the end of the final whistle as a result both teams will get a point.
- Knockout stage, if the game is level at the end of the final whistle as a result both teams will get three penalty shots each.
- The whole ball must cross the goal line for it to constitute a goal.
- For fouls committed a player could receive either a yellow or red card depending on the severity of the foul; this comes down to the referee's discretion. The yellow is a warning and a red card is a dismissal of that player. Two yellow cards will equal one red. Once a player is sent off then they cannot be replaced.
- If a ball goes out of play off an opponent in either of the sidelines then it is given as a throw-in. If it goes out of play off an attacking player on the baseline then it is a goal kick. If it comes off a defending player it is a corner kick.

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FOOTBALL TEAMS

TEAM BLUE	TEAM GREEN	TEAM RED	TEAM WHITE
RAMSHAY CHAUHAN	SHUVAJIT MONDAL	JITENDRA KUMAR	MOHAMED BATHULLAH
JITENDRA YADAV	DEB KUMAR	PRAMOD YADAV	KINGSLY BESSIBE (C)
ELDHO JOHN (C)	MOHAMED RAFI (C)	MUHAMMAD ISTAYAK	BASHIR AHMED
PANKAJ KUMAR	SATYAVEER SINGH	MANU CHACKO	ANTHONY NAZARETH (VC)
AJITH SOMAN	SUMANTA NANDI	VICKY SINGH	NIKHIL MAROKEY
LINGESHWARAN CHITHAMBARAM	VIMAL YADAV	MOHAMMED IMTEYAJ	SUSHANT KUMAR NAHAK
RAVINDAR SINGH	DILIP SAHANI	AJO JOSEPH	NAVIN SHUKLA
ABHIMANYU KUMAR	ABHAY SHARMA	ROSHITH PONON	SANJAY CHAUHAN
RAJINDER KUMAR	KASI VISHWANATH	ARUN RAJ (C)	ALSON GEORGE
VINOJ ABRAHAM	SANTOSH THAKUR	AHMED TARIG	BHOLA PRASAD

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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FOOTBALL GROUPS AND SCHEDULE

GROUP A	
TEAM 1 - BLUE	
TEAM 2 - GREEN	
TEAM 3 - RED	
TEAM 4 - WHITE	

TIME	COURT 1
10:00AM - 10:30AM	TEAM 1 VS TEAM 2
10:30AM - 11:00AM	TEAM 3 VS TEAM 4
11:00AM - 11:30AM	TEAM 1 VS TEAM 3
11:30AM - 12:00PM	TEAM 2 VS TEAM 4
12:00PM - 12:30PM	TEAM 1 VS TEAM 4
12:30PM - 1:00PM	TEAM 2 VS TEAM 3
FINALS	
2:00PM - 2:30PM	WINNERS OF GROUP A VS RUNNERS OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS MENS SINGLES RULES

Qualification

- The top 2 teams from the group stage will qualify for the Finals.
- Rankings will be determined based on total points and number of wins.
- In case of a tie, head-to-head results and points difference will be used as tiebreakers.

Scoring System

- League Matches: Best of 1 set (first to 21 points).
- Finals: Best of 3 sets (each set up to 21 points).
- A player must win by a minimum of 2 points (e.g., 22–20).
- Every rally results in a point scored (rally scoring system).
- Deuce: If the score reaches 20–20, play continues until one player leads by 2 points.
- The edges of the table are considered part of the legal playing surface; sides are not.

Flow of the Match

- Each player serves two consecutive points, after which the opponent serves two, and so on.
- At 20–20 (deuce), service alternates after every point.
- Players change sides after each set.
- In the final set (third set), players switch sides again when one player reaches 10 points.

Legal Serve

- The ball must rest freely on the open palm of the server's stationary hand.
- The ball must be tossed upward at least 6 inches (16 cm) without spin.
- The ball must first bounce on the server's side, then on the receiver's side.
- The serve must be visible to the receiver at all times (no body or hand obstruction).
- A let serve (ball touches the net but lands correctly) is replayed without penalty.

General Rules

- The match is played to 21 points per set (win by 2).
- Players must use official rackets and balls approved by the organizers.
- No coaching is allowed during active play; coaching is permitted only between sets.
- If a player is absent for more than 5 minutes after being called, the opponent is awarded a walkover.
- Unsportsmanlike behavior, including throwing the racket, verbal abuse, or intentional delay, will result in a warning or disqualification.
- Decisions made by the match referee are final.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS MENS SINGLES GROUPS & TEAMS

GROUP A
TEAM 1 BLUE - FROILAN FRANCIS
TEAM 2 GREEN - BAHER ELADL
TEAM 3 RED - AHRARUL ZOUQI
TEAM 4 WHITE - MOHAMED BATHULLAH

TMINGS	COURT 1
10:00AM - 10:15AM	TEAM 1 V TEAM 2
10:15AM - 10:30AM	TEAM 3 VS TEAM 4
10:30AM - 10:45AM	TEAM 1 V TEAM 3
10:45AM - 11:00AM	TEAM 2 V TEAM 4
11:00AM - 11:15AM	TEAM 1 V TEAM 4
11:15AM - 11:30AM	TEAM 2 V TEAM 3
FINALS	
11:30AM - 11:45AM	WINNER OF GROUP A VS RUNNER UP OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS MENS DOUBLES RULES

Qualification

- The top 2 teams from the group stage will qualify for the Finals.
- Rankings will be determined based on total points and number of match wins.
- In case of a tie, head-to-head results and points difference will be used as tiebreakers.
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Scoring System

- League Matches: Best of 1 set (first to 21 points).
- Finals: Best of 3 sets (each set up to 21 points).
- A team must win by a minimum of 2 points (e.g., 22–20).
- Every rally results in a point scored (rally scoring system).
- Deuce: If the score reaches 20–20, play continues until one team leads by 2 points.
- The edges of the table are considered part of the legal playing surface; sides are not.

Flow of the Match (Doubles Specific)

- Service Rotation:
 - Each player serves two consecutive points, after which the serve rotates to the next player in the sequence.
 - The serving team must serve diagonally from the server's right-hand court to the receiver's right-hand court.
- Order of Play:
 - After a legal serve, players must alternate shots in order:
 - Server → Opponent A → Partner → Opponent B → repeat.
- At 20–20 (deuce), service alternates every point, continuing the established rotation.
- Teams change sides after each set.
- In the final set (third set), teams switch sides again when one team reaches 10 points.

Legal Serve (Doubles Rules Included)

- The ball must rest freely on the open palm of the server's stationary hand.
- The ball must be tossed upward at least 6 inches (16 cm) without spin.
- The ball must bounce first on the server's side, then diagonally on the receiver's right court.
- The serve must be visible to both opponents at all times (no obstruction).
- A let serve (ball touches the net but lands correctly in the diagonal service box) is replayed without penalty.

General Rules

- Each set is played to 21 points (win by 2).
- Players must use official rackets and balls approved by the organizers.
- No coaching is allowed during active play; coaching is permitted only between sets.
- If a team is absent for more than 5 minutes after being called, their opponents are awarded a walkover.
- Unsportsmanlike behavior—such as throwing the racket, verbal abuse, or intentional delay—may result in warnings, point penalties, or disqualification.
- Decisions made by the match referee are final.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS MENS DOUBLES GROUPS & TEAMS

GROUP A	
TEAM 1 BLUE - SALEEM MAHAMMAD & DIXIT PATEL	
TEAM 2 GREEN -	
TEAM 3 RED - EDISON ENCABO & GOPIKA RAMANAN	
TEAM 4 WHITE - MOHAMED BATHULLAH & SAURABH POOJARY	

TMINGS	COURT 2
10:00AM - 10:15AM	TEAM 1 V TEAM 2
10:15AM - 10:30AM	TEAM 3 V TEAM 4
10:30AM - 10:45AM	TEAM 1 V TEAM 3
10:45AM - 11:00AM	TEAM 2 V TEAM 4
11:00AM - 11:15AM	TEAM 1 V TEAM 4
11:15AM - 11:30AM	TEAM 2 V TEAM 3
FINALS	
11:30AM - 11:45AM	WINNER OF GROUP A VS RUNNERS UP OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS WOMENS SINGLES RULES

Qualification

- The top 2 teams from the group stage will qualify for the Finals.
- Rankings will be determined based on total points and number of wins.
- In case of a tie, head-to-head results and points difference will be used as tiebreakers.

Scoring System

- League Matches: Best of 1 set (first to 21 points).
- Finals: Best of 3 sets (each set up to 21 points).
- A player must win by a minimum of 2 points (e.g., 22–20).
- Every rally results in a point scored (rally scoring system).
- Deuce: If the score reaches 20–20, play continues until one player leads by 2 points.
- The edges of the table are considered part of the legal playing surface; sides are not.

Flow of the Match

- Each player serves two consecutive points, after which the opponent serves two, and so on.
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- Players change sides after each set.
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Legal Serve

- The ball must rest freely on the open palm of the server's stationary hand.
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- The serve must be visible to the receiver at all times (no body or hand obstruction).
- A let serve (ball touches the net but lands correctly) is replayed without penalty.

General Rules

- The match is played to 21 points per set (win by 2).
- Players must use official rackets and balls approved by the organizers.
- No coaching is allowed during active play; coaching is permitted only between sets.
- If a player is absent for more than 5 minutes after being called, the opponent is awarded a walkover.
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- Decisions made by the match referee are final.

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TABLE TENNIS WOMENS SINGLES GROUPS & TEAMS

GROUP A
TEAM BLUE - LEWELLYN MALAPO
TEAM GREEN - FARHATH SULTANA
TEAM RED -
TEAM WHITE - BIANCA YSABEL ISAIS

LEAGUE GAMES	
TIME	COURT 1
12:30PM - 12:45PM	TEAM 1 VS TEAM 2
12:45PM - 1:00PM	TEAM 3 VS TEAM 4
1:00PM - 1:15PM	TEAM 1 VS TEAM 3
1:15PM - 1:30PM	TEAM 2 VS TEAM 4
1:30PM - 1:45PM	TEAM 1 VS TEAM 4
1:45PM - 2:00PM	TEAM 2 VS TEAM 3
FINALS	
2:00PM - 2:15PM	WINNERS OF GROUP A VS RUNNERS OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS WOMENS DOUBLES GROUPS & TEAMS

Qualification

- The top 2 teams from the group stage will qualify for the Finals.
- Rankings will be determined based on total points and number of match wins.
- In case of a tie, head-to-head results and points difference will be used as tiebreakers.
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Scoring System

- League Matches: Best of 1 set (first to 21 points).
- Finals: Best of 3 sets (each set up to 21 points).
- A team must win by a minimum of 2 points (e.g., 22–20).
- Every rally results in a point scored (rally scoring system).
- Deuce: If the score reaches 20–20, play continues until one team leads by 2 points.
- The edges of the table are considered part of the legal playing surface; sides are not.

Flow of the Match (Doubles Specific)

- Service Rotation:
 - Each player serves two consecutive points, after which the serve rotates to the next player in the sequence.
 - The serving team must serve diagonally from the server's right-hand court to the receiver's right-hand court.
- Order of Play:
 - After a legal serve, players must alternate shots in order:
 - Server → Opponent A → Partner → Opponent B → repeat.
- At 20–20 (deuce), service alternates every point, continuing the established rotation.
- Teams change sides after each set.
- In the final set (third set), teams switch sides again when one team reaches 10 points.

Legal Serve (Doubles Rules Included)

- The ball must rest freely on the open palm of the server's stationary hand.
- The ball must be tossed upward at least 6 inches (16 cm) without spin.
- The ball must bounce first on the server's side, then diagonally on the receiver's right court.
- The serve must be visible to both opponents at all times (no obstruction).
- A let serve (ball touches the net but lands correctly in the diagonal service box) is replayed without penalty.

General Rules

- Each set is played to 21 points (win by 2).
- Players must use official rackets and balls approved by the organizers.
- No coaching is allowed during active play; coaching is permitted only between sets.
- If a team is absent for more than 5 minutes after being called, their opponents are awarded a walkover.
- Unsportsmanlike behavior—such as throwing the racket, verbal abuse, or intentional delay—may result in warnings, point penalties, or disqualification.
- Decisions made by the match referee are final.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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TABLE TENNIS WOMENS DOUBLES GROUPS & TEAMS

GROUP A
TEAM 1 BLUE - LEWELLYN MALAPO & AYESHA SYED
TEAM 2 GREEN -
TEAM 3 RED -
TEAM 4 WHITE - RONA SUNE & BIANCA YSABEL ISAIS

LEAGUE GAMES	
TIME	COURT 2
12:30PM - 12:45PM	TEAM 1 VS TEAM 2
12:45PM - 1:00PM	TEAM 3 VS TEAM 4
1:00PM - 1:15PM	TEAM 1 VS TEAM 3
1:15PM - 1:30PM	TEAM 2 VS TEAM 4
1:30PM - 1:45PM	TEAM 1 VS TEAM 4
1:45PM - 2:00PM	TEAM 2 VS TEAM 3
FINALS	
2:00PM - 2:15PM	WINNERS OF GROUP A VS RUNNERS OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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BADMINTON MEN'S RULES

Qualification:

- Top 2 teams from Each group will qualify for the Semi Finals

Scoring System:

- Knockout and league matches consist of 1 set of 15 points.
- Semi Finals consist of 3 sets of 21 points.
- Finals consist of 3 sets of 21 points.
- Every time there is a serve, there will be a point scored, unless that point is replayed.

Doubles Play:

- At the beginning of the game and when the score is even, the server serves from the right service court. When it is odd, the server serves from the left court.
- The server must hit the shuttle into the opposite service court. In doubles, this extends to the outside rectangular space.
- Once the shuttle is hit after a serve it may be returned to any portion of the other end of the court marked by the outside edges of the boundary lines.
- If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.
- The players do not change their respective service courts until they win a point when their side is serving. After the serve is played by the receiving team, either partner may make a play on the shuttlecock during consecutive returns.

Faults:

- If in serving, the shuttlecock is struck above the server's waist.
- If at the serve, the shuttlecock falls into the wrong receiving court.
- If the server's and receiver's feet are not within the boundaries of their serving and receiving court, respectively.
- If the partner of the receiver takes the serve.
- If a player touches the net with his/her racquet, person, or clothes.
- If the shuttlecock is struck in return before it has crossed the net to the side. (The follow-through may break the plane of the net.)

General Rules:

- You should not serve until the opponent is ready, but if the player attempts to return the serve, he is considered ready and play continues.
- If you miss the shuttlecock while serving, you may serve again provided your racquet did not make any contact during the attempt.
- Birdies that hit the net as they cross during play are good and should be played.
- Birdies that fall on the line are considered good.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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BADMINTON MENS SCHEDULE

GROUP A	GROUP B
TEAM 1 - BLUE A (JITIN JOHNSON & PRABHU VENKATACHALAM)	TEAM 5 - BLUE B (MICHAEL FOUCAUD & VINESHMOORTHY CHIDAMBARAM)
TEAM 2 - GREEN A (ASHIQ KABOOR & HEMANTH TS)	TEAM 6 - GREEN B (JIHANE GHANNOUCHI & ELSIE GANAC)
TEAM 3 - RED A (ABHILASH & MUHAMMAD ARSLAN)	TEAM 7 - RED B (AJITHKUMAR & PRADHAN)
TEAM 4 - WHITE A (BINUMON ABOOBAKER & NIKHIL MAROKEY)	TEAM 8 - WHITE B (RAJ KUMAR RAM & PAKEERU NIDAMANURI)

TMINGS	COURT 1	COURT 2
10:00AM - 10:15AM	TEAM 1 V TEAM 2	TEAM 3 V TEAM 4
10:15AM - 10:30AM	TEAM 5 V TEAM 6	TEAM 7 V TEAM 8
10:30AM - 10:45AM	TEAM 1 V TEAM 3	TEAM 2 V TEAM 4
10:45AM - 11:00AM	TEAM 5 V TEAM 7	TEAM 6 V TEAM 8
11:00AM - 11:15AM	TEAM 1 V TEAM 4	TEAM 2 V TEAM 3
11:15AM - 11:30AM	TEAM 5 V TEAM 8	TEAM 6 V TEAM 7
SEMI FINALS		
11:30AM - 11:45AM	SF1 :WINNERS OF GROUP A VS RUNNERS OF GROUP B	SF2 : WINNERS OF GROUP B VS RUNNERS OF GROUP A
FINALS		
11:45AM - 12:00PM	WINNERS OF SF1 VS WINNERS OF SF2	

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



ALMEM Sports Day 2025

27TH NOVEMBER 2025

BADMINTON WOMEN'S RULES

Qualification:

- Top 2 teams will qualify for the Finals

Scoring System:

- Knockout and league matches consist of 1 set of 15 points.
- Finals consist of 3 sets of 21 points.
- Every time there is a serve, there will be a point scored, unless that point is replayed.

Doubles Play:

- At the beginning of the game and when the score is even, the server serves from the right service court. When it is odd, the server serves from the left court.
- The server must hit the shuttle into the opposite service court. In doubles, this extends to the outside rectangular space.
- Once the shuttle is hit after a serve it may be returned to any portion of the other end of the court marked by the outside edges of the boundary lines.
- If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.
- The players do not change their respective service courts until they win a point when their side is serving. After the serve is played by the receiving team, either partner may make a play on the shuttlecock during consecutive returns.

Faults:

- If in serving, the shuttlecock is struck above the server's waist.
- If at the serve, the shuttlecock falls into the wrong receiving court.
- If the server's and receiver's feet are not within the boundaries of their serving and receiving court, respectively.
- If the partner of the receiver takes the serve.
- If a player touches the net with his/her racquet, person, or clothes.
- If the shuttlecock is struck in return before it has crossed the net to the side. (The follow-through may break the plane of the net.)

General Rules:

- You should not serve until the opponent is ready, but if the player attempts to return the serve, he is considered ready and play continues.
- If you miss the shuttlecock while serving, you may serve again provided your racquet did not make any contact during the attempt.
- Birdies that hit the net as they cross during play are good and should be played.
- Birdies that fall on the line are considered good.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



ALMEM Sports Day 2025

27TH NOVEMBER 2025

BADMINTON WOMENS SCHEDULE

GROUP A
TEAM BLUE - ALOHA BILAO & SINDHU BALAKRISHNA
TEAM GREEN - JIHANE GHANNOUCHI & ELSIE GANAC
TEAM RED - PRIYANKA SINGH & HEMAI SANKHESARA
TEAM WHITE - DHELOUISE CANON & BIANCA YSABEL ISAIS

LEAGUE GAMES	
TIME	COURT 1
10:00AM - 10:15AM	TEAM 1 VS TEAM 2
10:15AM - 10:30AM	TEAM 3 VS TEAM 4
10:30AM - 10:45AM	TEAM 1 VS TEAM 3
10:45AM - 11:00AM	TEAM 2 VS TEAM 4
11:00AM - 11:15AM	TEAM 1 VS TEAM 4
11:15AM - 11:30AM	TEAM 2 VS TEAM 3
FINALS	
11:30AM - 11:45AM	WINNERS OF GROUP A VS RUNNERS OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



ALMEM Sports Day 2025

27TH NOVEMBER 2025

BASKETBALL TEAMS & RULES

THE RULES AND GAME FORMAT FOR BASKETBALL WILL BE ANNOUNCED ON THE EVENT DAY!

TEAM BLUE	TEAM GREEN	TEAM RED	TEAM WHITE
JEFFREY NICOLAS	MOHAMMAD ABDUL RAHIM	ANDREW LORONA	SONOO KUMAR
ARWIN MORALITA	JOSE JR. BOQUILLA	EPHRAIM MIRANDA	NILO BALMES (C)
FROILAN FRANCIS	SARAEEL TURK	KAREN ROSE	RAMAYAN YADAV
AYESHA SYED	NINO PANGAN	EDISON. ENCABO	HARENDRA YADAV
RENATO MAGTIRA	GYANESHWAR MISHRA	SANOJ KARAVATT CHANDA	AKASHDEEP KUMAR (VC)
SATYA NARAYAN PRASAD	POORNA RAO	MANU CHACKO	GURJANT SINGH
RAJESH PRASAD	GHUFRAN AHMAD	ARUN RAJ	TO BE NOMINATED
RAKESH PATEL	RAHUL KUMAR	ROSHITH PONON	TO BE NOMINATED

BASKETBALL SCHEDULE

12:30PM - 2:30 PM

GROUP A
TEAM 1 - BLUE
TEAM 2 - GREEN
TEAM 3 - RED
TEAM 4 - WHITE

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



ALMEM Sports Day 2025

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VOLLEYBALL RULES

Qualification

- Top 2 teams will qualify for the Finals.
- Ranking will be determined based on the following criteria:-
 1. Number of wins
 2. Higher sets difference
 3. Higher points difference

The Serve:

- Server must serve from behind the end line until after contact
- Ball may be served underhand or overhand
- Ball must be clearly visible to opponents before serve
- Served ball may graze the net and drop to the other side for point
- First game serve is determined by a volley, each subsequent game shall be served by the previous game loser
- Serve must be returned by a bump only. no setting or attacking a serve

Scoring:

- Rally scoring will be used.
- There will be a point scored on every score of the ball.
- Offense will score on a defense miss or out of bounds hit.
- Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- League games will be played to 15 points of 1 set and Semi finals and Finals will be 25 points of 3 sets.
- If the teams are at 21 or 25 all, the team that wins the next point wins the set



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VOLLEYBALL RULES

Playing The Game:

- Maximum of three hits per side
- Player may not hit the ball twice in succession (A block is not considered a hit)
- Ball may be played off the net during a volley and on serve
- A ball touching a boundary line is good
- A legal hit is contact with the ball by a player body above and including the waist which does not allow the ball to visibly come to a rest
- If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play
- A player must not block or attack a serve
- Switching positions will be allowed only between front line players. (After the serve only)
- Only 6 players per team at one time on the court
- Rolling substitutions

Basic Rule Violations:

- Stepping on or over the line on a serve
- Failure to serve the ball over the net successfully
- Hitting the ball illegally (Carrying, Palming, Throwing, etc.)
- Touches the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play
- Reaching over the net, except under these conditions a) When executing a follow-through b) When blocking a ball that is in the opponent's court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact). Except to block the third play
- Reaches under the net (if it interferes with the ball or opposing player) • Failure to serve in the correct order
- Blocks or spikes from a position that is clearly not behind the 10-foot line while in a back-row position.

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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VOLLEYBALL TEAMS

TEAM BLUE	TEAM GREEN	TEAM RED	TEAM WHITE
ARWIN MORALITA	JITEHNDRAN SASIDHARAN	SANDEEP THAKUR	AZAD ANSARI
SURENDRA ROUL	UDESH PILLAI	BHEEM PATANDEEN	GIRI RANGALA
KISHOR WANI	GUJRANT SINGH	VARUN SONI	VENKATESWARA MAYA (VC)
LEWELLYN MALAPO	RASEL HOMAYAN	DHARMESH PRAJAPATI	AMITABH BACHAN
VINIT PATEL	UDOY MALAKAR	ANDREW LORANA	AZAD ANSARI
CAROL MANDANA	DELAWAR HOSSEN	CHIRANJEEVI KAPPA	DALJIT SINGH
RENATO MAGTIRA	SHAMSHER SINGH	SRIDHARAN SUBRAMANI	FAIJAJ ANSARI
MOHAMMED SHAHUL	PRADEEP DAKI	PARWINDER SINGH	RISHAV TULANI
MICHAEL FOUCAUD	SHIELA MONTANO	JAGADEESAN BALACHANDRAN	VENKATESWARA MAYA
KALYANA RAO	PAWAN KUMAR	AJO JOSEPH	AFAF ELSADIG (C)
	SRINIVAS KUNA		

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN



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VOLLEYBALL TEAMS AND SCHEDULE

GROUP A
TEAM 1 - BLUE
TEAM 2 - GREEN
TEAM 3 - RED
TEAM 4 - WHITE

LEAGUE GAMES	
TIME	COURT 1
12:30PM - 12:45PM	TEAM 1 VS TEAM 2
12:45PM - 1:00PM	TEAM 3 VS TEAM 4
1:00PM - 1:15PM	TEAM 1 VS TEAM 3
1:15PM - 1:30PM	TEAM 2 VS TEAM 4
1:30PM - 1:45PM	TEAM 1 VS TEAM 4
1:45PM - 2:00PM	TEAM 2 VS TEAM 3
FINALS	
2:00PM - 2:30PM	WINNERS OF GROUP A VS RUNNERS OF GROUP A

VENUE: KARWAN SPORTS CLUB AL RAQAIB 2 - AJMAN